

In the Name of Allah

English FilmBook

12

Khate Sefid
Educational
Group of
Foreign
Languages

فیلمبوک جامع
پایه دوازدهم
خط سفید

اپلیکیشن جامع خط سفید
پاسخ تمام نیازهای زبانی شما



برای دسترسی به محتوای جادویی فیلمبوک، لطفا اپلیکیشن جامع خط سفید رو نصب کنین.
فقط کافیہ موبایلتون رو روی صفحات AR⁺ بگیرین و از آموزش هاتون لذت ببرین.



دریافت اپلیکیشن از طریق:

1. <http://khatesefid.com/AR>



۲. دانلود مستقیم

KHATE SEFID

منطبق با بارم بندی و نمونه سؤالات امتحانی پیشنهادی
دفتر تألیف و برنامه ریزی وزارت آموزش و پرورش

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مقدمه

فقط فیلمبوک یک کتاب نیست.

فیلمبوک چیه؟

فیلمبوک، دستیار معلم و همراه آموزشی دانش آموزاست. این حق شماسست که از درس خوندنتون لذت ببرین و خیلی راحت و عالی یاد بگیرین و همه چی براتون جذاب باشه. فیلمبوک این کار رو براتون به خوبی انجام داده.

معلمین و اساتید عزیز:

فیلمبوک مناسب کلاس درس شماسست، به ویژه کلاس های نیمه حضوری و غیر حضوری. توجه داشته باشین که نقش معلم در روش فیلمبوک، رهبری، راهنمایی و مشاوره دانش آموزان در فرآیند آموزشه. توی این روش، فقط کافیه شما معلمین عزیز فعالیتها و روند یادگیری دانش آموزان رو نظارت کنین و اون ها رو تا یادگیری کامل و موثر همراهی و راهنمایی کنین.

دانش آموزای عزیز؛ فیلمبوک برای شما چی داره؟

Review Tests

همیشه مرور درسهای سالهای قبل برای آمادگی تون برای ورود به درس خیلی موثره!

Get Ready

یه بخش خیلی باحال با آموزش و ویدئوهای جالب، برای اینکه بهتون کمک کنه بدونین درس راجع به چیه! چه جوری؟ ... با معرفی موضوع و محتوای درس، لغات مهم و چند تا تمرین از کتاب! یادتون باشه قبل از درس حتما فیلم این بخش رو تماشا کنین.

Conversation

دوست دارین بجای خوندن مکالمه کتاب، فیلمش رو ببینین؟ فکر کنین...! هم لغتاش، هم فیلم آموزشی کامل مکالمه، اونم با روش درک مطلب. اونم چه فیلمایی!!

New words & Experssion

توی لغات و اصطلاحات جدید نه تنها می تونین کلمات رو تصویری ببینین، بلکه تلفظ، معنی، مترادف و متضادش رو هم یاد می گیرین! تازه یاد می گیرین کجا بکار ببریدشون.

Reading

اینجا، متن کتاب درسی رو براتون فیلم مستند کردیم. تو فیلمبوک، کمکتون کردیم که بتونین قدم به قدم با استفاده از تکنیکها و مهارت های مخصوص درک مطلب، متن رو بفهمین و به سوالات به راحتی پاسخ بدین.

Grammar

گرامر سخته؟ نه! اینجا دیگه اصلا سخته نیست! گرامری رو که با فیلم و عکس و مثال و کلی اتفاق با حال ببینین، معلومه که دیگه اصلا سخته نیست!

Let's write

برای Writing چی بنویسیم؟ چه جوری بنویسیم؟ اینو به فیلمبوکت بسپار.

Language Melody

اگه عاشق این هستین که تلفظ زبان تون عالی بشه، تو این بخش، فیلم آموزشی رو با دقت ببینین و مثال ها رو با کتاب تکرار و تمرین کنین.

Listening

میدونین که هر چی بیشتر گوش بدین، بیشتر یاد می گیرین! پس این قسمت رو با دقت گوش کنین و تمریناتش رو انجام بدین.

Let's Speak

اگه میخواین با دوستانتون انگلیسی صحبت کنین، اینجا یه الگوی جذاب و خیلی باحال براتون گذاشتیم، کافیه چند بار ببینین و با هم به راحتی مکالمه کنین.

Special Exercises

حالا وقتشه بعد از این همه مطالب علمی و فیلم های آموزشی، تمرین های فیلمبوک رو انجام بدین تا مطالب درسی تو ذهنتون بیشتر موندگار بشه.

Glossary

اینجا هم کل لغات با تلفظ صحیحشون، مثال، مترادف، متضاد و کلی مطلب دیگه براتون گذاشتیم. یه منبع عالی لغت!

نمونه تست های کنکوری و نمونه سوالات امتحانی

حالا رسیدیم به جایی که باید نتیجه بگیریم!

کلی نمونه سوالات امتحانی و تست های کنکوری که شما رو برای امتحانات پابانی و موفقیت در کنکور آماده میکنه....

مطمئنیم با فیلمبوک بهتر یاد میگیرین!

17. They may need to follow a special diet to control high blood
 a. weight b. donation c. condition d. pressure
18. Someone who is in a particular language can speak the language easily and correctly.
 a. social b. fluent c. amused d. creative
19. The between the police and the local people has improved.
 a. relationship b. development c. subject d. ability
20. We're not doing enough to protect the environment from
 a. extinction b. pollution c. attention d. action
21. She gloved her hands to them from the chemicals.
 a. protect b. prepare c. take care d. practice
22. About 70% of people wanted to their organs after death.
 a. observe b. enjoy c. donate d. lose
23. The new factory will more than 400 new jobs.
 a. stick b. identify c. find d. create
24. In our family the friendship between father and his children is of high
 a. wonder b. value c. noise d. difference
25. Knowledge in the field of genetics has very rapidly.
 a. developed b. followed c. experimented d. tried
26. This computer is for its good design and ease of use.
 a. hospitable b. probable c. interested d. popular
27. We gave her the, and she decided she'd like a bike for her birthday.
 a. choice b. respect c. entertainment d. skill
28. I never seem to lose any weight how hard I try.
 a. by means of b. such as c. no matter d. for example
29. Despite my to continue working, I had to quit my job because of my illness.
 a. wish b. location c. skill d. activity
30. They the war, although it cost them millions of lives.
 a. fought b. prevented c. won d. lost
31. My grandmother had a great on my early childhood.
 a. amount b. influence c. notice d. manner
32. We can't move to our new home. The building is still
 a. similar b. incomplete c. amazing d. different
33. I got better because someone taught me how to eat
 a. properly b. rarely c. socially d. harmfully
34. Dairy like milk and yogurt are rich sources of calcium.
 a. artifacts b. goods c. slices d. products
35. Something about the man looked familiar, but it was hard to him from behind.
 a. fight b. seek c. identify d. solve
36. Laboratory tests show that the new medicine is very against cancer.
 a. effective b. probable c. painful d. clear

37. They didn't have enough to do the job well.
 a. relation b. experience c. habit d. importance
38. Iranians are famous as people in the world. They welcome tourists warmly.
 a. hospitable b. suitable c. successful d. historical
39. The book talks about both and modern history of countries such as Greece, Egypt and Iran.
 a. attractive b. ancient c. amazing d. scientific
40. We all have a responsibility to the environment.
 a. destroy b. deforest c. protect d. identify
41. Spain is still our most popular holiday
 a. society b. region c. point d. destination
42. It's a real how they can pack so many books into such a small bag.
 a. fact b. action c. project d. wonder
43. John is good at French but at history.
 a. weak b. strong c. energetic d. fluent
44. You cannot happiness unless you have known sadness too.
 a. exist b. appreciate c. communicate d. excite
45. People should the amount of fat they eat.
 a. interest b. improve c. increase d. decrease
46. We must our motherland from the enemy.
 a. quit b. build c. defend d. respect
47. Does television reflect the cultural of the country?
 a. matter b. choice c. invention d. diversity
48. If your child shows any of illness, take her to the doctor.
 a. signs b. attraction c. range d. environment
49. His friends are all - they're painters, musicians and writers.
 a. energetic b. amusing c. artistic d. social
50. Police are advising people to stay at home until weather improve.
 a. attacks b. conditions c. stations d. measures
51. Water is a of life because failure to drink water in three days will cause death.
 a. reality b. necessity c. possibility d. certainty

Cloze Test

Jenny did not enjoy practicing the piano. She (52) piano lessons boring. Playing the same pieces over and over again was joyless to her. But she did dream of (53) a concert pianist. Playing (54) of thousands of the audience would make her feel so (55) of herself. But she did not feel like practicing her piano. (56) she would rather play her computer games and watch movies on her iPad.

- 52- a. attended b. attacked c. found d. fought
- 53- a. being b. to be c. be d. been
- 54- a. beside b. in front c. behind d. next
- 55- a. surprised b. local c. proud d. emotional
- 56- a. Instead b. In addition to c. Again d. Because

Reading Comprehension:

The cultural context can also influence life expectancy for men and women. (Life expectancy is the expected length of a person's life.) For example, women generally smoke cigarettes less than men, which has been proven to cause many health problems and to shorten lives.

Another factor that has influenced the lives of women is the lack of stress. Stress is well known to shorten lives. Until recently, women who worked were usually in less responsible, less stressful positions. At home, housework tends to keep women in better physical condition than men. This generally better physical condition is yet another factor in women's longer lives.

These cultural factors have played an important part for the women who are now getting old. But the social habits of women are changing. Young women are smoking more than women used to. More women are working now and holding more responsible positions. These changes may mean that the cultural context will no longer help women live healthier lives. However, women will continue to live longer than men because of certain other factors.

57- The passage would most probably continue with a discussion of

- a. why women are no longer willing to stay home and do housework
- b. the reasons behind the change in different countries' culture around the world
- c. factors other than cultural factors in relation to women's living longer than men
- d. how a healthy lifestyle is important for both men and women in today's ever-changing world

58- It can be understood from the passage that the author considers cigarette smoking to

.....

- a. become more common among women than it is now among men
- b. have a relationship with the amount of stress in people's lives
- c. be more harmful to women than to men
- d. be a culture-related habit

59- It can be understood from the passage that men can improve their physical condition by

.....

- a. doing housework
- b. giving their jobs to women
- c. working jobs with more responsibility
- d. taking better care of their health problems

60- Which of the following statements is TRUE, according to the passage?

- a. Women in the past did not smoke because it was considered a socially negative habit.
- b. The difference in life expectancy between men and women is very likely to become smaller.
- c. Women's health problems and those of men are similar in terms of both their causes and effects.
- d. If women realize their health problems are because of their new social roles, they would renew their past habits.

Sense of Appreciation

UNIT ONE 1



Interesting Facts:

- Helping others lowers blood pressure.
- Kindness boosts energy and strength in elderly people.
- Teenagers who help others are more successful in life.
- Listening to the advice of older people improves our lives.
- Taking care of grandchildren increases brain function and memory.

AR+

دیدن این ویدئو قبل از شروع



درس خیلی ضروریه ...

Dialog



Word Bank

take temperature - physician - regard - dedicated - spare no pains
distinguished - not surprisingly - found

Sara has been in the Children's Medical Center for a week. She has caught a terrible flu. The doctor told her to stay there to get better. There is a photograph of an old man on the wall. While the nurse is taking her temperature, they start talking.

Sara: Excuse me, who is that man in the picture?

Nurse: Oh, don't you know him? Have you ever heard of Dr. Mohammad Gharib?

Sara: I guess I have only seen his name in my English book, but I'm not sure about it.

Nurse: Dr. Gharib was a famous physician.

Sara: Oh,... can you tell me a little about his life?

Nurse: Dr. Gharib was born in Tehran in 1288. After receiving his diploma, he went abroad to study medicine. In 1316 he became a physician and then came back to his homeland. In 1347 this center was founded by Dr. Gharib and one of his close friends.

Sara: Really? I didn't know that.

Nurse: Dr. Gharib was also a generous man. He spared no pains to cure sick children. He was very friendly and helpful to poor families. Not surprisingly, he was regarded as a dedicated physician.

Sara: It's a pity! I didn't know such a great man.

Nurse: He was known as a distinguished university professor, too. The first Persian textbook on children's diseases was written by him. He taught medicine to thousands of students.

Sara: Oh, what a great man he was!

Nurse: By the way, it might be interesting to know that your physician was one of Dr. Gharib's students!

Sara: Really?! That's interesting!



A

True/False

1. Doctor Gharib was a physics scientist.
2. He received his diploma in Iran.
3. He published a medical book.

B

Match the two parts. One item is extra in the second part.

- | | |
|---------------------------------|--------------------------------------|
| 1. He became a physician | a. he left the country. |
| 2. He founded a hospital | b. he was a distinguished professor. |
| 3. After receiving his diploma, | c. at the age of 28. |
| | d. in 1347. |

C

Answer the questions orally.

1. Where was Dr. Gharib from?
2. Why was he regarded as a dedicated man?
3. Name a dedicated person. What do you know about his/her life?



New Words and Expressions



1. be born /bi bɔ:(r)n/ *v.*

when a person or animal is born, they come out of their mother's body or out of an egg:

- a. Dr. Gharib *was born* in 1909.
- b. Unfortunately, she *was born* with a weak heart.

2. burst into /bɜ:(r)st intu:/ *v.*

if you burst into tears, laughter, or song, you suddenly begin to cry, laugh, or sing:

- a. She *burst into* tears, when she saw her daughter after 2 years.
- b. After hearing the funny story, everybody *burst into* laughter.

3. calmly /'ka:mli/ *adv.*

in a way that shows you are not excited, nervous, or upset:

- a. My mother always speaks *calmly*.
- b. He *calmly* picked the clothes up and put them back in the drawer.

4. dedicated /'dedikertɪd/ *adj.*

working hard at something because it is very important to you:

- a. They are *dedicated* physicians.
- b. The workforce is small but highly *dedicated*.

5. diary /'daɪəri/ *n.*

a book in which you write down the things that happen to you each day:

- a. Shima writes down everything in her *diary*.
- b. My brother kept a *diary* during the war years.

6. distinguished /dɪ'stɪŋgwɪʃt/ *adj.*

successful, respected, and admired:

- a. Mohammad Reza Shajaryan is a *distinguished* Iranian singer.
- b. Elephants are *distinguished* by their long noses.

7. forgive /fə(r)'gɪv/ *v.*

to stop being angry with someone and stop blaming them, although they have done something wrong:

- a. I'll never *forgive* her for what she did.
- b. *Forgive* me for leaving some of your questions unanswered.

8. found /faʊnd/ *v.*

to start something such as an organization, company, school, or city, often by providing the necessary money:

- a. This hospital was *founded* 100 years ago.
- b. The Romans *founded* a great city on the banks of this river.

9. hard of hearing /hɑ:(r)d əv 'hɪərɪŋ/

unable to hear very well:

- a. His father is *hard of hearing*; you should speak louder.
- b. This program will be broadcast with subtitles for the *hard of hearing*.



10. hug /hʌg/ *v.*

to put your arms around someone and hold them tightly to show love or friendship:

- a. She went to her daughter and *hugged* her.
- b. Whenever I travel in the city, I make sure I *hug* my handbag tightly to me.



11. lap /læp/ *n.*

the top part of your legs that forms a flat surface when you are sitting down:

- a. Grandpa said: "Come and sit on my *lap* and I'll read you a story."
- b. She worked at her *laptop* until four in the morning.

12. not surprisingly /nɒt sə'praɪznɪli/ *adv.*

expectedly, based on what you can expect:

- a. *Not surprisingly*, he was regarded as a dedicated teacher.
- b. *Not surprisingly* on such a hot afternoon, the river was very busy.

13. physician /fɪˈzɪʃən/ *n.*

a doctor, especially one who is a specialist in general medicine and not surgery:



- a. Physicians could do little for his father's cancer.*
b. If your memory problems do not improve, visit your physician.

14. pigeon /ˈpɪdʒən/ *n.*

a fat, grey, and white bird with short legs that is common in cities:



- a. The old man feeds the pigeons in the shrine every evening.*
b. The injured pigeon can't fly — poor thing.

15. regard /rɪˈɡɑː(r)d/ *v.*

to think about someone or something in a particular way:

- a. She is widely regarded as the best actress.*
b. Many people regard life as a game: you win some, you lose some.

16. repeatedly /rɪˈpiːtɪdli/ *adv.*

many times:

- a. My father repeatedly talked to me about the value of hard work.*
b. The victim had been stabbed repeatedly in the chest.

17. shout /ʃaʊt/ *v.*

to say something in a loud voice; to speak loudly or angrily to somebody:



- a. Stop shouting and listen.*
b. We had to shout because the music was so loud.

18. sofa /ˈsəʊfə/ *n.*

a long comfortable seat with a back and arms, for two or more people to sit on:



- a. He sits on the sofa and watches TV all the time.*
b. You can have my bed and I'll sleep on the sofa.

19. spare no pains /speə(r) nəʊ peɪnz/

to do everything necessary to make some thing really good or successful:

- a. Dr. Gharib spared no pains to help people.*
b. Let's spare no pains to build a healthy society.

20. take temperature /teɪk ˈtemprətʃə(r)/

to measure the temperature of somebody's body using a special instrument:

- a. Take the baby's temperature to see if he is sick.*
b. The nurse took my temperature; it was 38°.

Vocabulary Development



فیلمو بینین تا بیشتر
براتون توضیح بدم...

AR+

باهم آیی (Collocations)

منظور از باهم آیی، همنشینی کلمات یا گروهی از کلمات است که در گفتار و نوشتار با هم ظاهر می‌شوند. مثلاً در زبان فارسی با اینکه دو واژه ی «فاسد» و «گندیده» مشابهت معنایی دارند، یکی با شیر (شیرفاسد) و دیگری با تخم مرغ (تخم مرغ گندیده) هم نشین می‌شود. در زبان فارسی می‌توان عبارت «سبزی تازه» را به کار برد، ولی عبارات «سبزی نو» یا «سبزی جدید» نادرست می‌باشند. در زبان انگلیسی عبارت «make a mistake» درست و «do a mistake» نادرست است. استفاده ی نادرست واژگان با یکدیگر به تولید زبانی نامأنوس و اکثراً نادرست می‌انجامد.

در جدول زیر مجموعه ای از باهم آیی‌های رایج در زبان انگلیسی آمده است.

<p>heavy rain heavy snow heavy traffic heavy smoker</p>	<p>a big decision a big failure a big mistake a big surprise</p>	<p>a strong contrast a strong feeling a strong smell a strong taste</p>	<p>great enjoyment great fun in great detail great excitement</p>
<p>a large amount of a large number of a large population of a large quantity of</p>	<p>have a bath have a good time have a problem have lunch</p>	<p>do the housework do the shopping do the washing up do homework</p>	<p>make a mistake make a noise make money make a decision</p>
<p>take a seat take a taxi take an exam take someone's temperature</p>	<p>catch a ball catch a bus catch a cold catch the flu</p>	<p>save energy save money save someone's life save time</p>	<p>keep a diary keep a promise keep a secret keep quiet</p>

تمرین

A

Match the two parts. One item is extra in the second part.

- | | |
|----------|----------------|
| 1. say | a. energy |
| 2. get | b. a story |
| 3. spare | c. lost |
| 4. save | d. temperature |
| 5. tell | e. no pains |
| 6. keep | f. goodbye |
| | g. a diary |

B

Choose the correct options.

- My mom didn't feel like cooking, so she made a meal for dinner.

a. fast	b. rapid	c. sharp	d. quick
---------	----------	----------	----------
- I can't study because the little boys are so much noise.

a. producing	b. getting	c. making	d. providing
--------------	------------	-----------	--------------
- Unlike me, he rarely a cold.

a. catches	b. takes	c. gains	d. receives
------------	----------	----------	-------------
- My father the cooking and ironing in our house.

a. does	b. has	c. makes	d. acts
---------	--------	----------	---------
- I'll my best in my final exams.

a. make	b. try	c. do	d. b & c
---------	--------	-------	----------
- Giving money to charity a real difference to my life.

a. makes	b. has	c. does	d. gives
----------	--------	---------	----------